

CRAMLINGTON & SEATON VALLEY SCHOOL GAMES

AUTUMN TERM 2024-25

SCHOOL GAMES

The School Games is a national programme which puts physical activity and school sport at the heart of schools, providing young people with the opportunity to learn through competition to achieve their personal best. Cramlington & Seaton Valley is one of 6 School Games areas across Northumberland within Rise Active Partnership.

The outcomes of the programme help prioritise the CMO's recommended 60 active minutes a day, creating positive experiences based on the motivation, competence and confidence of the young people, focus on secondary school and transition points, opportunities for youth engagement and leadership and advocating the role the School Games can play in making a meaningful difference to the lives of young people.



SANTA DASH 2024

Schools from across Cramlington and Seaton Valley joined thousands of young people across England taking part in this year's National Santa Dash. This event is designed to connect schools across the country, having festive fun while being active with friends. Daisy at Eastlea told me how "it was really cool, everyone got involved on the yard and the sports leaders helped us. We got to wear hats and it made it more fun".

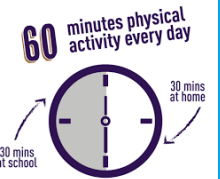


SEATON VALLEY Y4 TRANSITION

In Cramlington & Seaton Valley we have a mix of two-tier and three-tier school systems, therefore pupils transition between schools at different points. In October, Whytrig Middle School and Seaton Sluice Middle School hosted Y4 transition festivals for their feeder first schools. The Y4 pupils worked in groups with pupils from the different first schools to take part in different teamwork challenges and games led by KS3 Sports Leaders. The leaders were fantastic with the younger pupils, encouraging them and making sure they knew what they were doing. On arrival at the Whytrig event, 45% of the Y4s reported feeling happy and confident, and by the end 80% left putting their ping pong ball in the "happy face" bin!

ACTIVE 60 CALENDAR

The Chief Medical Officer recommends 60 active minutes each day, 30 minutes of which should be in school. We have produced another "Active 60 Calendar" of activity ideas across the year to promote daily physical activity at different times of the day - eg active travel, active lesson breaks, active learning, and playground activity.



Y5&Y6 RUGBY FESTIVALS

Newcastle Rugby Foundation hosted a number of Rugby Festivals at rugby clubs across the county for pupils in Y5&6. These fun festivals were designed to get pupils taking part, many trying rugby for the first time.



Over 100 pupils from Eastlea, Whytrig and Beaconhill were among over 700 children from across Northumberland to take part in this series of festivals. Logan at Eastlea was eager to tell me about the festival - "it was really fun, there were different schools there and leaders helping us. My favourite part was the mini-match!".

KS3&4 BADMINTON

In December, teams from Cramlington Learning Village, Astley High School and Whytrig Middle School represented Cramlington & Seaton Valley in the Northumberland KS3&4 Badminton competitions. There were "compete" competitions, from which the winners will progress to a regional event, and "develop" events for players with less experience. In the "compete" events, CLV won the KS3 girls' competition and finished 2nd in KS4 boys and 3rd in KS3 boys. In the "develop" competitions Whytrig won the KS3 girls, while CLV won the KS4 boys and finished 2nd in the KS3 boys.



TEN PIN BOWLING

Northumberland School Games are delighted to be delivering a programme of Panathlon Foundation events through our Lead Inclusion School. This term was ten-pin bowling competition for primary, secondary and special schools. Teams from Whytrig Middle, Holywell Village First, Cragside CofE Primary, CLV and Hillcrest competed against schools from across the county.



KS2 MULTISKILLS CHALLENGE

Classes in years 3, 4, 5 & 6 have been working on their agility, balance and coordination in the Northumberland School Games' annual KS2 Multiskills challenge. Pupils take part in a range of activities, with every point scored contributing to an average class score. The first and second placed schools in each year group will now be invited to represent Cramlington & Seaton Valley in the county Virtual Live Finals which will be held in January.

Year Group	1 st place	2 nd place
3	Eastlea Primary	Hareside Primary 3H
4	Burnside Primary 4G	Seghill First
5	Whytrig Middle 5C	Northburn Class 12
6	Hareside Primary 6M	Hareside Primary 6H

LEADERSHIP

During Autumn Term, leadership training was offered for both primary School Sport Organising Crews (SSOC) and Secondary Leadership. At both levels, leaders considered why it is important to be active every day, how we are already active and how they could increase activity levels back at school, through advocacy and initiating events and activities. ACHS, SSMS and WMS took part in the secondary training, while Burnside, Cragside, Hareside, Holywell and WMS attended the SSOC sessions.

CRAMLINGTON & SEATON VALLEY SCHOOL GAMES ORGANISERS:

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EVENTS NEXT TERM INCLUDE...

♦Y7&8 Sportshall Athletics ♦New Age Kurling ♦Y4 Gymnastics ♦KS3&4 Trampoline
♦Secondary #MakeActiveMemories ♦Y7&8 Rugby Festivals

